Name	Lynsey Williams
Medical School	St George's, University of London
Email (optional)	

Country visited	Taiwan and UK
City or town	Taoyuan/ Taipei (Taiwan) and East Grinstead (UK)
Hospital/unit/clinic	Chang Gung Memorial Hospital (Taiwan), and Queen Victoria Hospital (UK)
Dates visited	30/04/18- 19/06/18
Supervising doctor	Professor Fu-Chan Wei (Taiwan) and Mr Dheansa (UK)
Contact details of your host:	

Please give an overview of what you saw / did (200 words max)	East Grinstead was a great unit to visit, as they are a specialist hospital, and had many interesting clinics and theatre lists every day. They allowed me to direct my own learning, and whilst I was primarily attached to burns, I also saw a lot of microsurgery, and skin/ hand cases. I was offered teaching from my consultants, and also had the opportunity to get involved in research. Taiwan was a fantastic new experience of a foreign healthcare system. I was really excited to explore the country, as I'd never been to Asia before. Chang Gung is a very large hospital, which is well-known for microsurgical training and has a lot of free-flap breast and head and neck reconstructions. Whilst I really enjoyed being in theatre, I also attended clinics, and although I don't speak Mandarin, the fellows and consultants translated for me. I also had time to travel around the island and do some sightseeing.
What were the best things about the visit? (120 words max)	Being given the opportunity to spend 6 weeks just focussing on something I really enjoy was fantastic. I was able to speak to and examine plastic surgery patients both pre and post-operatively, I scrubbed in for and assisted with plastics cases daily, and I definitely improved my surgical skills.
What problems did	

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you encounter? (120 words max)