

2017

# UK Commissioning guide:

## Massive Weight Loss Body Contouring

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# Commissioning

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# 1 High value care pathway for body contouring surgery

## Referral pathway

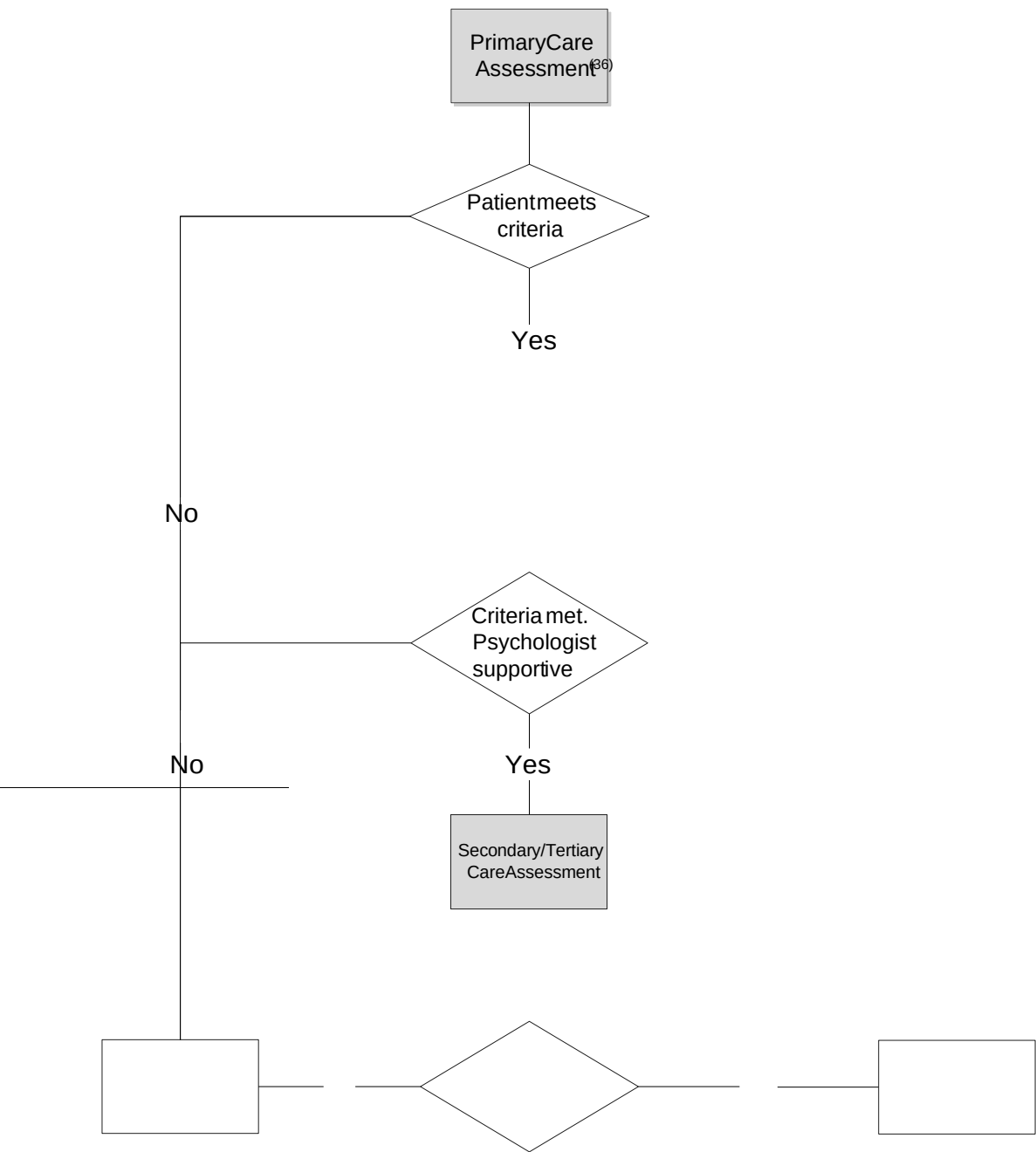
Referral to plastics surgery should be encouraged through the primary care sector if the patient fulfills the criteria below.

Psychological assessment should be included as part of the patient pathway

If a patient meets the criteria for body contouring surgery, the GP may begin the pathway to surgery. If a patient is very deserving of surgery, but does not meet all the criteria, they can still be considered via the exceptional circumstances route. Patients meeting all criteria can be directly referred for Plastic Surgery and treatment. Patients not meeting all criteria would require Individual Funding Request (IFR) approval in the Primary sector.

Where should surgery be undertaken?

Body contouring surgery should be undertaken at a centre where there is a bariatric multidisciplinary team or integrated links to a bariatric multidisciplinary team. <sup>(35)</sup>









## 4 Further information

### 4.1 References

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